# YOUTH (Your Own Unique Telford Healthwatch) Update Report

This report summarises the two most recent YOUTH meetings as well as the current work undertaken by the group. It also entails the plan for future meetings and future work of YOUTH.

## YOUTH Sub-Committee

The YOUTH sub-committee has been formed in order to plan future meetings and discuss the progress of YOUTH. The committee consists of the following members: Joanna Boyle, Barry Parnaby, Kate Ballinger, Simon Clapham, and Bart Janac. The committee meets informally as is convenient to its members. It is perceived that a YOUTH member will sit on this committee once Bart and Joanna leave.

## Meeting on the 30<sup>th</sup> March

Most of this meeting was spent organising and detailed planning of the Young People's World Cafe. We have also spent a short amount of time designing a new logo to represent YOUTH. This will be digitised and hopefully available at the next YOUTH meeting.

## Young People's World Cafe

The YOUTH sub-committee has met on a couple of occasions in order to plan and discuss the agenda for the event, outcomes we were hoping to achieve, and the best approach to ensure a good turnout of people. It was decided that we would invite youth groups from all over Telford & Wrekin, and these included the following: Telford Young People's Forum, Young Carers, Upstart and RAFT, Stay, and Young Health Champions. It was also decided that we would phone all YOUTH members individually and inform them about the event and ask whether they would attend.

On the day we had 13 attendees which was only 7 short of our anticipated number of 20. The attendees included: 2 TCAT students, 2 university students, 1 Young Health Champion, and 8 YOUTH members. The event consisted of short talks from Barry Parnaby, Kate Ballinger and our guest Kuldip Sahota, which were followed by 4 interactive stations which focused on specific health and social care topics. The stations were facilitated by 2 HWTW staff, 1 HWTW volunteer, and 1 HWTW director. We have also had support from other directors during the event.

These were the following stations and a short outline of their aims:

- Sexual Health This station allowed us to gather ideas on how to proceed with the next stage for the sexual health project, which is the "experience gathering" stage, and what is the most appropriate approach for this with the target audience.
- Future Fit Enabled the young people to participate in our Future Fit mural, as well as give their opinions on the best ways and places to approach young people in order

to give them information and consult with them on Future Fit, as well as get them to take part in the mural.

- Working Together This station was used to gather general opinions on how we could all work together in order to tackle the issues affecting young people.
- Mental Health This station was aimed at gathering feedback on mental health service provision for young people in T&W and the information that is already available.
- Priorities This wasn't a station but a task run throughout the duration of the event; it allowed us to get an idea on which priorities YOUTH should be tackling.

(More detailed outline of the event has been attached for information)

The event was quite successful, allowing us to gather allot of relevant feedback and information. Cllr Sahota has expressed a great interest in the group and was pleased with the turnout. He has also mentioned that it may be beneficial for us to have an appointed councillor attend our meetings.

## Current work

YOUTH have been proactively engaging with the distribution of the Sexual Health Surveys, and we have received approximately 350 completed surveys. We also anticipate that YOUTH will be supporting us with the input of these electronically, to allow us to analyse the results.

The YOUTH newsletter is currently on hold due to the World Cafe and the office move. The April edition is currently under production.

A new YOUTH logo has been designed, which is in the process of being digitised and will then presented at the next meeting to be approved by the group, as well as the YOUTH subcommittee. Following this the logo will be implemented on all future publications.

## **Future Planning**

The next meeting is due to take place on Tuesday 21<sup>st</sup> April at 4:30pm. It has been decided that we shall invite other youth groups to join us once again; this will allow us to collectively analyse the information and feedback gathered from the Young People's World Cafe and to discuss the potential of meeting collectively in the future.

It has also been proposed to hold a Youth Summit, where we would invite all youth groups including scouts, cadets, sports teams etc - and hold an event where we can discuss the work we do, issues raised, and raise awareness of other organisations.

Following Bart's departure – Bart currently acts as the YOUTH lead - Simon Clapham will be taking over this responsibility by organising and leading the meetings. The content of the meetings and the agenda will be agreed by the YOUTH sub-committee. There will be a

requirement of support from staff in order to coordinate the YOUTH members and to recruit new members, as well as providing any other support to Simon and the group.